

## WEBSITE: AUGUST 2022

### 1. Career Counselling: 02<sup>nd</sup> and 03<sup>rd</sup> August, 2022

A session on Career counselling for grade XII was conducted for the students of Science stream and for Humanities and Commerce stream at the Anand International College of Engineering. The students were made aware with National Education Policy 2020 and were given insight into different career options.



### 2. Self Defence Training Programme: 03<sup>rd</sup> August, 2022

Self-Defence Training Programme was organised by the Physical Trainer Mr. Sangeet Thomas along with Mr. Manish Sharma. Certain moves of Taekwondo were taught to the students so as to defend themselves from the odd moments.



### **3. Health and Hygiene Session: 03<sup>rd</sup> August, 2022**

A session on Health and Hygiene was organised for the students of primary, middle and secondary section in the school auditorium by Anchal Society, an NGO that works for the empowerment of poor marginalised women and children. The spokesperson, Mr. Aseem Kumar, drew attention towards the lifestyle diseases like diabetes, cancer, stress, asthma, hypertension etc. He guided the students about how to maintain healthy lifestyle and how to be positive.

### **4. Talk Show: 03<sup>rd</sup> August, 2022**

A talk was delivered by Aseem Kumar of Anchal Society for the students of classes three to five. The society is working for empowerment of poor, marginalised women and children. He spoke to the students on the benefits of eating healthy food. He enlightened the students that body is a sacred temple and we should not litter it.

### **5. Inter-school Competition: 04<sup>th</sup> and 05<sup>th</sup> August, 2022**

Primary section students participated in various events of Flair Fest organized by Jayshree Periwal High School, Chitrakoot, Ajmer Road, Jaipur on two consecutive days i.e. 04.08.2022 & 05.08.2022. Navya Verma & Iqra Agwan of grade 4 participated in Design a Travel Brochure contest held on 04.08.2022. Aura Sharma & Kenisha Tiwari of Grade 2 participated in Sock

Puppet making contest held on 05.08.2022. Also, Aaradhya Pareek and Zara Qureshi of Grade 4 participated in Belling the spelling contest held on 05.08.2022. All the participants performed enthusiastically and received prizes & certificates.

#### **6. Rakhi Making Competition: 05<sup>th</sup> August, 2022**

An Inter-House Rakhi Making Competition was organised for grade VI, VII and VIII to instil the festive fervour in the students. To ignite the students' conscience towards the motto 'Say No to Plastic', the students were asked to use only eco-friendly materials to make Rakhi. The students participated enthusiastically and made beautiful Rakhi using cereals, pulses, nuts, flowers, leaves etc. Thereafter, these Rakhis were tied on the hands of the officials and inmates of central Jail, Jaipur.

#### **7. Rashtriya Ekta ki Avashyakta: 05<sup>th</sup> August, 2022**

Inter House Hindi Speech Competition was organised for grade X on the theme- 'Rashtriya Ekta ki Avashyakta'. Four speakers from each house from every class participated in the competition enthusiastically and were judged on the basis of content, eloquence and expression. Shubhi Sharma of grade X-D won the competition. An Inter House Hindi Poetry Recitation Competition was also organised for grade IX on the theme- 'Patriotism'. The judges analysed the poems on the basis of their expression, props, recitation and confidence. Sapphire house bagged the First Position. Later they presented it on Independence Day.

#### **8. Unity in Diversity: 06<sup>th</sup> August, 2022**

An Inter-House English Poetry Competition was conducted for grade VI on the theme- 'Independence Day'. The jury members judged the students on the parameters of rhythm, pronunciation and enactment. Ruby House was declared the winner. An Inter- House Chart Making Competition was organised for grade VII on the theme- 'Unity in Diversity'. The house which made the best chart from each class was declared the winner.

#### **9. Inter-School Sports Tournament- NMS Cup 2022: 03<sup>rd</sup> to 06<sup>th</sup> August, 2022**

The school participated in the Inter-School Sports Tournament- NMS Cup 2022 and the event was organized at Neerja Modi School. Students from grade IX to grade XII participated in the Badminton Tournament and bagged a Silver Medal and the school team was awarded with a trophy.

#### **10. Mathematical Exhibition: 06<sup>th</sup> August, 2022**

A Maths Exhibition was put up by the very creative and talented students of grade IX and X. The theme of the exhibition was "Mathematics in the forms of Rajasthan and Assam". The exhibits included artefacts and figurines made of clay, highlighting diversity and similarity between the various dance forms, dress culture, cuisine of each state. It was a great experience for the students to build different Mathematical skills and concepts.

#### **11. Inter-House Patriotic Song Competition: 12<sup>th</sup> August, 2022**

An Inter-House Patriotic Song Competition was organised for grade VIII. A group of 15-20 students from each house participated and performed on various patriotic songs with great

enthusiasm. The jury members judged on the basis of snippets, costumes, props, rhythm and theme of the songs. The winners, Topaz house, depicted the same song on Independence Day.

### **12. Inter-House English Speech Competition: 12<sup>th</sup> August, 2022**

Inter-House English Speech Competition for grade XII on the theme- 'Nationalism Vs Regionalism' was conducted. The jury members judged the students on the basis of their content, voice articulation, intonation and confidence. Topaz house bagged the First Position.

### **13. Inter-House English Skit Competition: 12<sup>th</sup> August, 2022**

Inter-House English Skit Competition for grade XI on the theme 'Nationalism' was organised. With great zeal and patriotic fervour all the participants enacted various events from the historic freedom struggle of India. Few enactments left the audience spell bound where they were filled with patriotic emotions for their country. The jury members judged the students on the basis of the moral of the skit, acting, stage set-up along with costume and overall performance. Ruby House bagged the First Position.

### **14. Visit to Central Jail: 12<sup>th</sup> August, 2022**

Students of grade VIII along with Mrs. Susan mark and Mrs. Anu Johnson went to women cell of Central Jail to fill them with fervour of Patriotism by presenting a value based programme. Prayers and petitions were also offered for women for the betterment of their health. Thereafter refreshments were also distributed to them.

### **15. Social Science Club Activity: 12<sup>th</sup> August, 2022**

The Social Science Club organised various competitions for the students of classes 1 to 5 to instill the spirit of patriotism in the students. The following competitions were organised for the students.

#### **Class:1**

#### **Fancy Dress Competition**

The students of class one were dressed as freedom fighters and spoke few lines with expressions about the character.

#### **Class:2**

#### **Fancy Dress Competition**

The students of class two were dressed as national leaders and spoke few lines about the character.

#### **Class:3**

#### **Patriotic Dance Competition**

The students of class three showed their patriotism and love for motherland through their performances.

#### **Class:4**

#### **Patriotic Song Competition**

The students of class four came up with the patriotic song to show their love and respect towards our motherland.

#### **Class 5**

#### **English Speech Competition**

The students of class five (one from each class) expressed their views on Independence Day. The students participated in the competition with great enthusiasm. The spirit of patriotism was enthused in the students. Compering of the programme was done by Head girl, Deputy Head girl and Prefects of class Five 'B', and Five 'C'. Vice principal Rev.Sr. Laveena, Primary section Incharge Rev Sr. Juliana and Rev Sr. Vinaya were the judges for various competitions. The vote of thanks was delivered by Kavya Rathore of Class Five 'D'.The programme was concluded with the enlightening words of Rev. Sr. Vinaya who motivated the students and appreciated them for their performances.

### **16. 76<sup>th</sup> Independence Day: 15<sup>th</sup> August, 2022**

76<sup>th</sup> Independence Day Programme began with the hoisting of the flag by the Chief Guest, Dr. Nishi Gupta (Obstetrics and Gynaecologist at Santokba Durlabh Ji Hospital), and the Guest of Honour Mohd. Shafiq Qureshi, Parshad Nagar Nigam, Jaipur along with the Principal, Rev. Sr. Roseline. It was followed by a special prayer service and a prayer song. The Guest of Honour, Mohd. Shafiq Qureshi and the Chief Guest Dr. Nishi Gupta were honoured by a sapling. Students of the Primary wing sang a patriotic song, which was followed by a Speech in English by Faizaah Zamaal grade V, a group Patriotic song by grade VIII followed by a skit in English by grade XI on the theme 'Nationalism'. Dr. Nishi Gupta expressed her gratitude and motivated students to study hard to serve the nation. The program ended on a grand note with a patriotic dance choreographed by Mrs. Raagini Eshwar with 120 students.



### **17. Self-Defence Campaign by Nirbhaya Squad: 16<sup>th</sup> - 18<sup>th</sup> August, 2022**

A Self-defence campaign by Master Tenders, Mrs. Manju and Mrs. Manohar of Nirbhaya Squad was conducted for grade VI- XII. They emphasised on the need of self defence and demonstrated varied movements of Karate and Taekwondo, in different situations which girls face in day to day life.

### **18. Anirudh Mayaram Memorial Xavier's Invitational Basketball Tournament: 17<sup>th</sup> – 20<sup>th</sup> August, 2022**

Students of grade VI- XII participated in Anirudh Mayaram Memorial Xavier's Invitational Basketball Tournament. The School Basketball team brought laurels to the Institution by winning "Xavier's Cup" defeating St. Xavier's in Finals on their Home ground with a score of 39-24. They also defeated Maheshwari Girls Public School and St. Xavier's Nevta to their way to finals.

### **19. Innovative Ambassadors: 20<sup>th</sup> August, 2022**

Subodh Public School with Ministry of Education's Innovation Cell (MIC) in collaboration with IIT Bombay organised a workshop on 'Design thinking and Innovation' for the teachers. It was one day workshop conducted by CBSE. Mrs. Vinita Sharma, Mrs. Sunita Yadav, Mrs. Bindu Thomas, Mrs. Susan Mark, Mrs. Sofia Alex and Mrs. Amandeep attended the workshop. The resource persons were Ms. Sonal Yadav (Incharge of Innovation cell under AICTE, Ministry of human Resources and Ministry of Education), Ms. Prajakta Kulkarni, Prof. Ravi Puviya (IDC School, IIT Mumbai), Ms. Roopa Chakraborty and Mr. Harish Sandhuja (Director of Shri Ram Leadership School). The workshop aimed at fostering the Design thinking and toy making to enhance critical thinking and application of ideas.

### **20. Financial Literacy and Digital Tools: 22<sup>nd</sup> August, 2022**

Maharaja Sawai Bhawani Singh School organised a workshop on the topic 'Basics of Financial Literacy and use of Digital Tools'. Mrs. Anju Behl, Mrs. Bharti, Mrs. Aparna, Mrs. Harshita, Mrs. Sofia, Mrs. Kanika, Mrs. Manisha Pansari and Ms. Sharon attended the workshop. The inductive session aimed at about how finance can be managed and invested so as to get maximum returns.

### **21. Feast of Rev.Sr.Principal: 23<sup>rd</sup> August, 2022**

Feast of Rev.Sr.Principal was held in the school hall. It was followed by a special assembly comprising of prayer service, petitions and songs by teachers for Sister Roseline.

### **22. Inter-School Jayshree Perival Global Sports and Art Fest: 22<sup>nd</sup>- 24<sup>th</sup> August, 2022**

Jayshree Perival Global Sports and Art Fest organized Interschool events in Badminton and in Chess. Another feather in Sophia's Cap was added as the students brought laurels by grabbing Silver Medal and Bronze Medal in Badminton and Chess respectively. One student got consolation prize for reaching in Semi-finals.

### **23. Inter-School First Mother Matilda Women's Tournament: 26<sup>th</sup>- 27<sup>th</sup> August, 2022**

The school Badminton and Basketball teams participated in Inter-School First Mother Matilda Women's Tournament. It was a proud moment for the Sophian fraternity that the students lifted the First "Mother Matilda Cup" held at Sophia College Ajmer. Sophia Jaipur team of Badminton defeated Sophia School Bikaner, Sophia School Ajmer and St. Stephen to reach the Finals. In the Finals, the team defeated Mayo School showing their magnificent performance. The Basketball team defeated Sophia Bikaner and Presidency School to reach the Finals and clinched Runners-up Trophy. Best player awards for both the events were also grabbed by Archisha Beniwal, grade XI for Badminton and Vidhi Sarraf grade XII for Basketball.

### **24. International Sports Day: 29<sup>th</sup> August, 2022**

On the occasion of International Sports Day in the special assembly, the sports instructors and sports champs in different sports demonstrated varied awe- striking skills on the stage. The dribbling of Basketball, smash of Badminton, punches of Taekwondo, throws in Handball, sliding in Skating reflected their commendable command over the game and their confidence while performing them. The art of Dance develops physical strength, agility, coordination, stamina and fitness. Therefore, the dancing divas of different grades presented few 'Hasth Mudras' on the stage. Both the activities embedded and instilled the values of team spirit, sportsmanship, discipline and untiring hard work among the students and spread the awareness of sports in one's life.